



Sequoia High School Incoming Student Welcome

April 25, 2018

Agenda

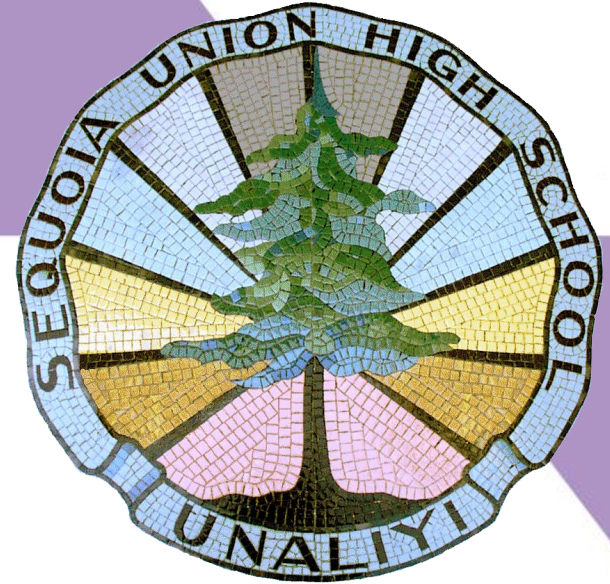


- Sequoia Mission
- School Highlights
- Extracurricular activities
- Parent-run organizations
- Checklist
- Student Q&A

Sequoia High School Mission

Sequoia High School will provide a stimulating and caring community that encourages respect for diversity and promotes academic and vocational excellence through creative and critical thinking as well as appreciation of the arts.

A Sequoia education develops responsibility, communication skills, self-esteem and self-direction, and promotes educational success and lifelong learning for all students.



Sequoia is a College Prep School



92%

of 2017 graduates
went to college



Special Academic Programs



International Baccalaureate

- 9th & 10th: ICAP classes
- 11th & 12th: IB classes
- 21 IB (and 3 AP) courses
- Students can take one or more for “certificate” or pursue IB Diploma



Health Career Academy

- Apply during 9th grade
- Preparation for college level study in healthcare fields or a career in health care upon graduation



Digital Arts Academy

- Apply during 9th grade
- Preparation for college level study in digital arts fields or a career in digital arts upon graduation

New Student Orientation



- For all incoming Freshman and New Students
- August 14 from 9am-1pm (School will start on August 15)
- Distribution of Class Schedules and Campus Tours
- School Photos
- Welcome Presentation for Parents
- BBQ Lunch for Students and Parents



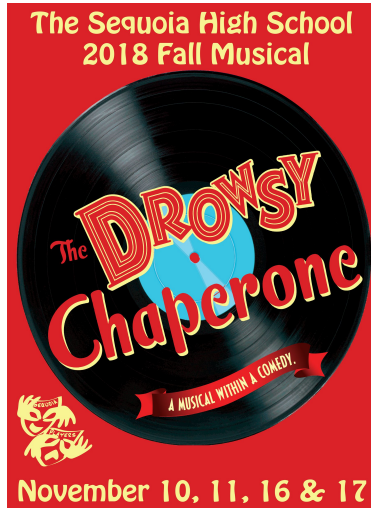
Extracurricular Activities- Clubs

Find out more at “Club Day” on September 14:

Drama	Dream Club	Environmental Club
French Club	Girls Who Code	Gender Sexuality Alliance
Habitat for Humanity	Latino Student Union	Model United Nations
Peer Mediators	Photography	Robotics
Ronald McDonald House	Speech & Debate	And many more!



Extracurricular Activities- Performing Arts



- Fall Musical tryouts in September
- Intermediate Dance tryouts- contact Taylor White directly (twhite@seq.org)
- Other VPA activities start at the beginning of the school year



What you can do: attend performances, volunteer



Extracurricular Activities- Athletics

Sequoia High school fields over 44 teams and competes primarily in the Peninsula Athletic League.

Fall	Winter	Spring
Sideline Cheer Cross Country (Co-ed) Football Golf -- Girls Tennis -- Girls Volleyball Water Polo -- Girls Water Polo -- Boys	Basketball -- Boys Basketball -- Girls Sideline Cheer Soccer -- Boys Soccer - Girls Wrestling - (Boys and Girls)	Badminton Baseball Sideline Cheer Golf -- Boys Lacrosse -- Boys Lacrosse -- Girls Softball Swimming (Co-ed) Tennis -- Boys Track and Field (Co-ed) Competitive Sport Cheer (Stunt)

Athletics - Important Reminders



- Schedule physical exam and have form filled out by doctor. Physicals are good for exactly one year.
- Complete online clearance (seqsports.com - then “More” and “Registration - Athletic Clearance”). The system will be ready for next year in mid/late May.
- Complete online parent driver clearance (need proof of insurance and license)
- Students may not drive other students to games/practices!
- Fall sports workouts/tryouts:
 - Check seqsports.com for sport-specific info.
 - Some sports (usually cross country, volleyball, football, basketball and water polo) have optional summer workouts.
 - First official day of the fall season is August 3rd. Tryouts and mandatory practices will begin then for most fall sports.
 - Sideline cheer runs on a different schedule. Tryouts begin 4/30.



English Learner Advisory Council (ELAC)

ELAC es un grupo de padres y miembros de la comunidad interesados para representar las necesidades de los Estudiantes de aprendices del idioma inglés en Sequoia.

Este grupo se reúne el primer martes del mes para conocer los eventos de Sequoia, hacer recomendaciones al director y al Concilio Escolar de Sequoia y promover políticas escolares que mejoren las oportunidades educativas de los Estudiantes de aprendices de Inglés de Sequoia.

ELAC is made up of parents and interested community members to represent the needs of English Learners at Sequoia.

This group meets on the first Tuesday of the month to learn about Sequoia events, make recommendations to the principal, the Sequoia site council, and to promote school policies that enhance the educational opportunities of the Sequoia English Learners.





Parents Teachers Student Association (PTSA)

Mission: to positively impact the lives of all children and families

Programs include:

- Publish “The Sentinel” weekly newsletter
- New Student Orientation
- Graduation Week Activities
- Coordinate Junior Scholarship Program
- Coordinate Mini-Grant Program
- Reflections Art Contest
- Teacher Appreciation Events
- Recruit Volunteers for school activities (e.g.- photo day, IB exam proctors)
- Adopt-A-Family & other family support

What you can do: become a member (\$20), volunteer, donate to SHSEF, attend meetings- **PTSA meets the first Tuesday of every month except Jan. and June**

PTSA[®]
everychild.one voice.[®]

Sports and Spirit Boosters



Mission: Promote school spirit and support all Sequoia High School athletic and cheer teams



Equipment and Uniforms



Crab Feed Dinner and Auction (March '19)



Transportation to games



Football game concessions



Sports Awards Ceremonies



Stampede Fun Run (April '19)



Student-Athlete Scholarships



Spirit Wear

*What you can do to become a member: **volunteer** (1 hour or more),
donate (\$ or auction items), **attend** events*





Sequoia High School Education Foundation (SHSEF)

Mission: fund staff, projects and programs to ensure that every Sequoia student has the opportunity to reach their highest potential



Academic
Enrichment



College and
Career



Family Support
& PTSA



Staff
Development



Technology



Visual and
Performing Arts

What you can do: donate (\$1,200 suggested per student), volunteer





Sequoia Business Sponsorship Program

- Benefits SHSEF, Boosters, PTSA and VPA (i.e.- one-stop shop)
- School-wide marketing opportunities for business donors throughout the year
- Different Sponsorship Levels
- More information at the SHSEF table or visit our website: www.shsef.org





Checklist (*see handouts*)

- ✓ Refer to SHS Communications Resource (also available on www.sequoiahs.org) to subscribe to various distribution lists:
 - “Sentinel,” Daily Bulletin, College Center communications, student grade portal, ELAC, Boosters, etc.
- ✓ Complete summer reading (www.sequoiahs.org- English Department)
- ✓ Plan for summer sports workouts/tryouts (www.seqsports.com)
- ✓ Complete online sports clearance by mid-August for fall sports (www.seqsports.com)
- ✓ Join and volunteer for PTSA (www.sequoiapta.org)
- ✓ Join and volunteer for Boosters (<https://sites.google.com/site/sequoiaboosterclub/>)
- ✓ Donate and volunteer for SHSEF (www.shsef.org)- current campaign funds NEXT year’s programs and staff
- ✓ Become a Sequoia Business Sponsor (www.shsef.org)
- ✓ New Student Orientation: Tuesday, August 14, 9am-1pm
- ✓ First Day of School: Wednesday, August 15

Student Q & A



Thank you!
¡Gracias!